

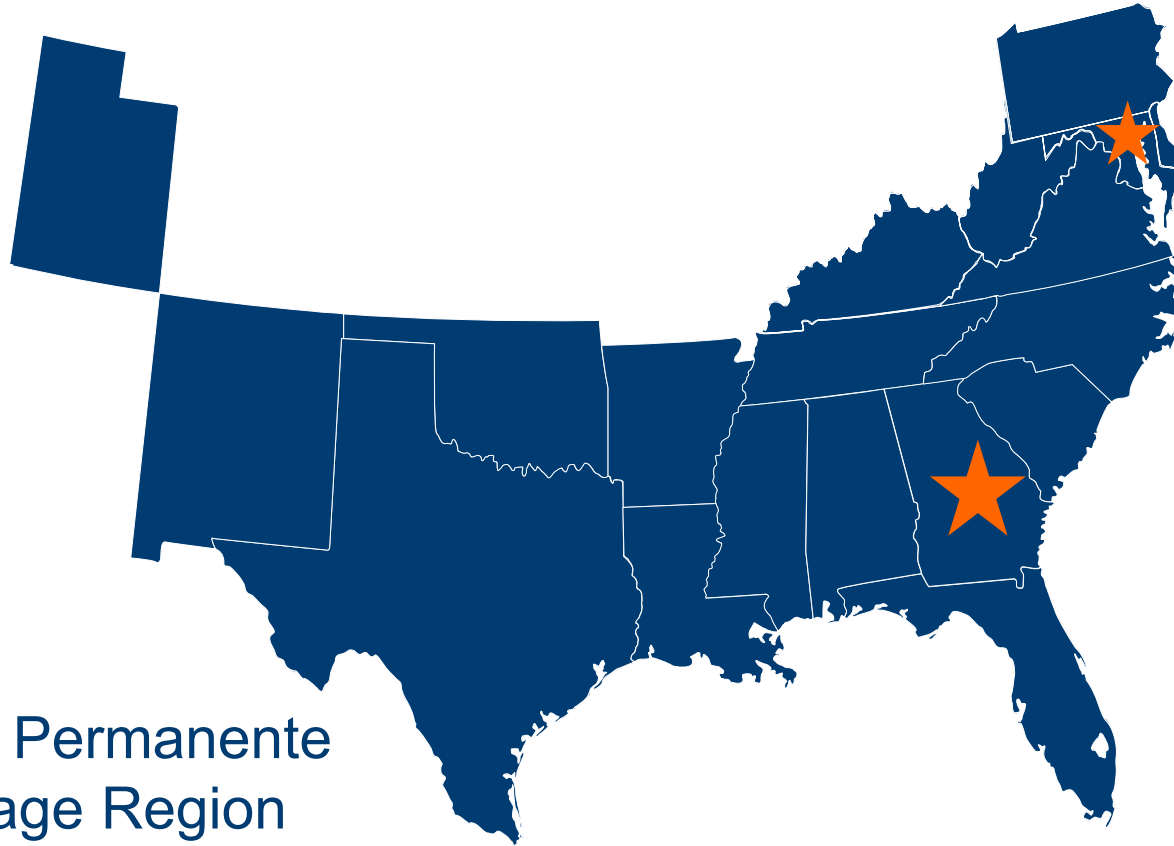


Health care that just works

UAW Region 8 Retiree Conference 2026

May 6, 2026

Kaiser Permanente in Region 8



 Kaiser Permanente Coverage Region

Kaiser Permanente provides healthcare coverage to **2,879** Trust retirees and family members.

Average Length of KP Membership for Georgia UAW Trust Members: **25 Years**

Seamless in-person and virtual care

Simply sign in to **kp.org** or use the Kaiser Permanente app to manage your care wherever you are.



Get 24/7 virtual care.



View most lab results and doctor's notes.



Schedule and check in for appointments.



Email your care team with nonurgent questions anytime.



Refill most prescriptions.



Pay bills and view statements.

We'll guide you every step of the way

Your electronic health record is available to you and your care team 24/7. Team members will guide you through appointments and referrals and let you know when to schedule checkups and tests.

Health care that moves with you



In-person care close to home

- A national network of locations, doctors, and specialists
- Timely primary care appointments and lab results



Mail-order pharmacy

- One-tap refills and automated reminders
- Same-day pickup and delivery for most prescriptions^{1,2}



Care while traveling

- Coverage for urgent and emergency care anywhere in the world
- 24/7 care by phone or online across the U.S.³
- Information about getting care away from home available at kp.org/travel

1. Not all prescriptions can be mailed, restrictions may apply. Please check with your local pharmacy. **2.** Same-day and next-day prescription delivery services may be available for an additional fee. These services aren't covered under your health plan benefits and may be limited to specific prescription drugs, pharmacies, and areas. Order cutoff times and delivery days may vary by pharmacy location. Kaiser Permanente isn't responsible for delivery delays by mail carriers. Kaiser Permanente may discontinue same-day and next-day prescription delivery services at any time without notice and other restrictions may apply. Medi-Cal and Medicaid beneficiaries should ask their pharmacy for more information about prescription delivery. **3.** When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

Support for your body and mind



For your mental and emotional health

- Access to licensed therapists, wellness coaching, and self-care apps at kp.org/selfcare¹
- 24/7 emotional support



For your physical fitness and lifestyle

- In-person and online [health classes](#)²
- [Wellness coaching by phone](#)
- Online [healthy lifestyle programs](#) to help you lose weight, quit smoking, reduce stress, and more



[Mental health and wellness resources](#)

1. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Medicare health plan grievance process. 2. Some classes may require a fee.

One Pass

One Pass[®] can help you find a fitness routine that's right for you, whether you work out at home or at the gym — and it's available at no extra cost.

At the gym

Choose from a large nationwide network of gyms and fitness locations (included in the Core and Premium networks).

At home

Work out at home with live, digital fitness classes or on-demand workouts.

Brain training*

With One Pass, you can benefit from a complete brain workout program using interactive cognitive tests and brain exercises all available online.

With new friends

Join a group class or find local clubs and social events that match your interests.



Bold

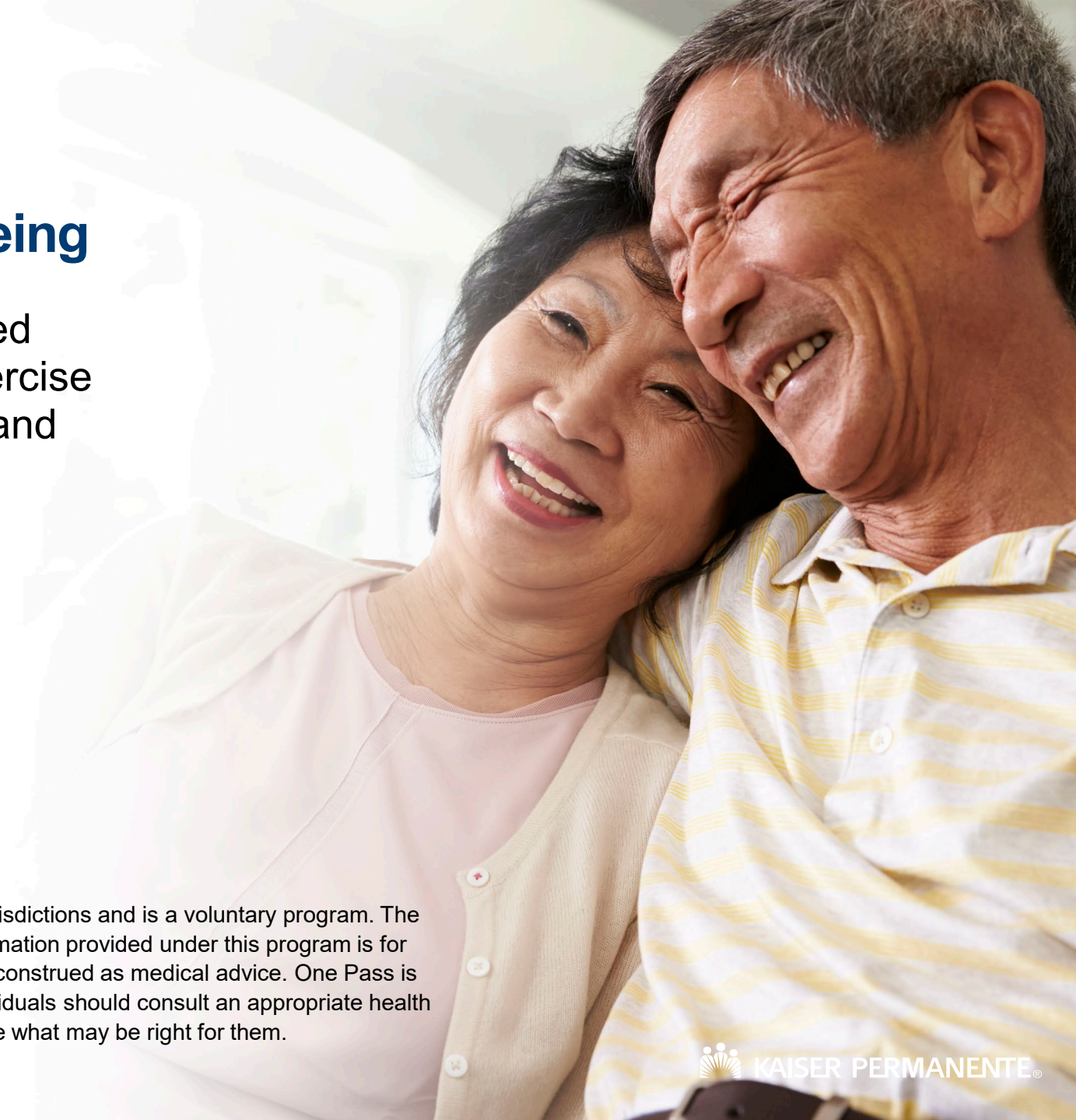
Take steps toward better well-being

One Pass also offers Bold, a science-based online program of live and on-demand exercise classes to improve your functional health and fitness.*

The **Bold** program will help you:

- Achieve better balance
- Boost strength and endurance
- Improve bladder control
- Increase flexibility and mobility
- Reduce pain

*One Pass® is a registered trademark of Optum, Inc. in the U.S. and other jurisdictions and is a voluntary program. The One Pass program and amenities vary by plan, area, and location. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. One Pass is not responsible for the services or information provided by third parties. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them.



Hear well, live well

Good hearing can help you enjoy life to the fullest. To help make sure you continue to enjoy sounds that make your life meaningful, our Medicare health plans offer a hearing benefit.

The hearing benefit includes:

- A \$2,500 allowance toward the purchase of a hearing aid in each ear, available once every 3 years*
- Hearing aid checks with an audiologist at no extra charge

*Mid Atlantic one hearing aid for each ear every 36 months with a \$1,000 Max limit



Help for buying wellness products

Our Medicare health plans include an over-the-counter (OTC) wellness benefit that you can use to buy health and wellness products and have them delivered to your home at no extra cost.

How the OTC wellness benefit works:

- You get a \$50 quarterly benefit limit to buy OTC products.
- To learn more about the benefit or see a digital catalog of products, visit kp.org/otc/ga



Get a ride to your doctor's office

There may be times when you can't drive yourself to the doctor's office. Our Medicare health plans offer peace of mind with a transportation benefit for rides to and from your doctor's office

The transportation benefit covers:

- Up to 18 one-way trips*, 50 miles per trip per calendar year — at no extra charge
- Rides to doctor appointments, visits for medical services like labs and X-rays, and trips to facilities to pick up medications or medical equipment
- Rideshare, taxi, or other private transportation that can accommodate wheelchairs and walkers
- Wheelchair van or gurney van service
- To schedule a ride or find out how many rides you have left for the year, please call 1-855-932-5414

Thriving After 60

Connect to a healthy community. Join the Thrive After 60 program.*

The **Thriving After 60 (TA60)** community is dedicated to keeping its members physically and mentally healthy, all while having a good time. You'll have the opportunity to meet like-minded friends at our engaging virtual and in-person events and workshops, which focus on supporting the changing health and wellness needs of those over 60.

Topics include stress relief, life care planning, chair yoga, virtual dance parties, and much more.

Sign up for events and workshops at:

kp.org/ta60GA

Or follow us on Facebook at:

facebook.com/ThrivingAfter60



Get the information you need

To view your plan options or documents, please go to: <https://choose.kp.org/uaw>

- If you need customer service help, please call your region-specific phone number today:
 - Georgia: 404-261-2590 for the Metro Atlanta Area, or 888-865-5813 for all other areas
 - Mid-Atlantic States: 301-468-8000 for the Washington, D.C., metro area; or 800-777-7902 for all other areas

Appendix

Georgia at a glance

CARE DELIVERY

Access to

27

Medical offices

3

Locations for 24/7 advanced urgent care

100+

Affiliated community urgent care centers

18+

Affiliated hospitals

600+

Doctors throughout metro Atlanta and Athens

Collaborating with Emory Healthcare

Emory Decatur Hospital and Emory Saint Joseph's Hospital are now primary hospitals for Kaiser Permanente doctors and members in Atlanta.

QUALITY OF CARE

Highest-rated health plan in Georgia

Of the 7 commercial health plans in Georgia rated by the National Committee for Quality Assurance, ours is the top-rated plan in the state.*

West Cobb Medical Center



*NCQA's Private Health Insurance Plan Ratings 2025–2026, National Committee for Quality Assurance, 2025: Kaiser Foundation Health Plan of Georgia, Inc. — HMO (rated 4.5 out of 5).

What's new in Georgia

CUMBERLAND MEDICAL CENTER RENOVATION

Significant upgrade with our Next Generation design — full renovation complete in winter 2025

New specialties

- Cardiology, gastroenterology, and orthopedics — now available
- Ophthalmology and optometry — coming November 2025

Renovation updates available on a member-facing landing page

FISCHER CROSSINGS MEDICAL CENTER

- Scheduled to open in mid-2026 in the south service area
- New 2-story, 36,000-sq.-ft. facility with our Next Generation design
- Services include:
 - Adult medicine, pediatrics, pharmacy, and lab
 - Specialties: obstetrics-gynecology, behavioral health, cardiology, orthopedics, podiatry, gastroenterology, dermatology, ophthalmology, and optometry

Cumberland Medical Center



Fischer Crossings Medical Center



Service areas in Georgia

- Athens-Clarke
- Barrow
- Bartow
- Butts
- Carroll
- Cherokee
- Clayton
- Cobb
- Coweta
- Dawson
- DeKalb
- Douglas
- Fayette
- Forsyth
- Fulton
- Gwinnett
- Haralson
- Heard
- Henry
- Lamar
- Meriwether
- Newton
- Paulding
- Pickens
- Pike
- Rockdale
- Spalding
- Walton



Mid-Atlantic States at a glance

CARE DELIVERY

In person

41

medical facilities across the region

1,700+

Kaiser Permanente doctors

Personalized care around the clock

Convenient virtual care options with Kaiser Permanente care teams

- 24/7 personalized support from clinicians by phone or video
- 24/7 advice by phone
- Video visits
- E-visits for nonemergency conditions
- Secure email with your doctors

QUALITY OF CARE

- ✓ Of the 25 commercial health plans in Maryland, Virginia, and Washington, D.C., rated by the National Committee for Quality Assurance, ours is the top-rated plan in the region.¹
- ✓ Kaiser Permanente ranked number one overall on Insure.com’s list of best health plans of 2025, tied with one other health plan. The rankings are based on the National Committee for Quality Assurance’s annual health plan ratings as well as member surveys.²
- ✓ Hundreds of Mid-Atlantic Permanente Medical Group doctors were named “Top Doctors” by *Northern Virginia Magazine*, *Arlington Magazine*, *Washingtonian* magazine, *Baltimore* magazine, and *Bethesda Magazine*.³

1. NCQA’s Private Health Insurance Plan Ratings 2025–2026, National Committee for Quality Assurance, 2025: Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. — HMO (rated 5 out of 5). 2. “Best Health Insurance Companies of 2025,” Insure.com, February 18, 2025. 3. The physicians who practice at Kaiser Permanente are recognized as Top Doctors in *Northern Virginia Magazine* (2025), *Arlington Magazine* (2024), *Washingtonian* magazine (2024), *Baltimore* magazine (2024), and *Bethesda Magazine* (2023).

Service areas in the Mid-Atlantic States

Maryland

- 1. Abingdon Medical Center
- 2. Annapolis Medical Center
- 3. **FUTURE LOCATION**
Medical Center in Aspen Hill
- 4. Baltimore Harbor Medical Center
- 5. Bowie Fairwood Medical Center
- 6. Camp Springs Medical Center
- 7. Columbia Gateway Medical Center
- 8. Frederick Medical Center
- 9. Gaithersburg Medical Center
- 10. Kensington Medical Center
- 11. Largo Medical Center
- 12. Lutherville-Timonium Medical Center
- 13. Marlow Heights Medical Center
- 14. North Arundel Medical Center
- 15. Shady Grove Medical Center

- 16. Silver Spring Medical Center
- 17. South Baltimore County Medical Center
- 18. **FUTURE LOCATION**
Southern Maryland Medical Center
- 19. West Hyattsville Medical Center
- 20. White Marsh Medical Center
- 21. Woodlawn Medical Center

Virginia

- 23. Alexandria Medical Center
- 24. Ashburn Medical Center
- 25. Burke Medical Center
- 26. Caton Hill Medical Center
- 27. Colonial Forge Medical Center
- 28. Fair Oaks Medical Center
- 29. Falls Church Medical Center
- 30. Fredericksburg Medical Center
- 31. Haymarket Crossroads Medical Center

- 32. Manassas Medical Center
- 33. Reston Medical Center
- 34. Springfield Medical Center
- 35. Tysons Comer Medical Center

Washington, D.C.












- 36. Capitol Hill Medical Center
- 37. Northwest D.C. Medical Office Building



★ Centers with 24/7 or extended hours for: advanced urgent care, lab, pharmacy, and radiology

Premier hospitals are independently owned and operated, and they contract with Kaiser Foundation Hospitals.

Summary of Benefits (General Plan Georgia)

Services	Chrysler/Ford/General Motors
 Annual Out-of-Pocket Maximum	\$2,000 per individual / \$6,000 per family
 Annual Deductible	\$250 per individual / \$500 family
 Lifetime Maximum	None
 Office Visits	\$15 copay primary care / \$25 copay specialty care*
 Lab/X-rays	No charge
 Outpatient Surgery	No charge
 Hospitalization Services	No charge
 Emergency Services	\$50 per visit
 Ambulance Services	No charge
 Prescription Drugs (Generic and Brand)	\$14 copay (preferred generic) / \$14 copay (generic) / \$45 (preferred brand-name) / \$115 (Nonpreferred brand-name)
 Durable Medical Equipment	No charge

The confidence of having a highly rated Medicare health plan

Kaiser Permanente Medicare Advantage health plans earned either 4 or 4.5 stars out of 5 stars for 2026.¹

Kaiser Permanente areas	Star rating
California HMO ²	★★★★★
Colorado ³	★★★★★
Georgia	★★★★★
Hawaii	★★★★★
Mid-Atlantic States (MD, VA, D.C.)	★★★★★
Northwest (OR, SW Washington) ⁴	★★★★★
Washington state	★★★★★

1. Every year, Medicare evaluates plans on a 5-star rating system. 2. Northern and Southern California are rated together as one contract with CMS. 3. Beginning January 1, 2024, Colorado implemented a new Medicare Preferred Provider Organization (PPO) H-contract (H3138) which was too new to be measured for the 2025 Star Ratings and does not have sufficient enrollees and measures rated to be eligible for a 2026 Star Rating. 4. Kaiser Permanente's Northwest market has service areas in Oregon and southwest Washington.

